

Going Deeper

How to begin a daily quiet time

First, be quiet before the Lord.

Pray. Ask God to open your mind and guide you.

Read a portion of Scripture slowly. This is where your conversation with God begins. He starts speaking to you through his Word, and then you speak back to him through prayer.

Meditate on the Word. Spend some time pondering on what God is saying.

Write down what you discover. When God speaks to you through his Word, write it down. Writing enables us to remember what God has said to us and record our discoveries.

Pray again. Be quiet. Ask God to show you his Word. Talk to God about what He has said to you.

Read one chapter each weekday. Use free days on weekends to make up for any missed days.

BIBLE READING CHALLENGE

Reading the Old Testament
in a Year

True Life Church
30 Vincent Road, Quispamsis
New Brunswick, Canada



52 Weeks Through the Old Testament

Week	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	Gen 1-3	Gen 4-6	Gen 7-9	Gen 10-12	Gen 13-16	Gen 17-18
2	Gen 19-21	Gen 22-23	Gen 24	Gen 25-26	Gen 27-28	Gen 29-30
3	Gen 31-32	Gen 33-35	Gen 36-37	Gen 38-40	Gen 41	Gen 42-43
4	Gen 44-45	Gen 46-48	Gen 49 – Exo 1	Exo 2-4	Exo 5-7	Exo 8-9
5	Exo 10-12	Exo 13-15	Exo 16-18	Exo 19-21	Exo 22-24	Exo 25-26
6	Exo 27-28	Exo 29-30	Exo 31-33	Exo 34-35	Exo 36-37	Exo 38-39
7	Exo 40 – Lev 3	Lev 4-6	Lev 7-8	Lev 9-11	Lev 12-13	Lev 14-15
8	Lev 16-18	Lev 19-21	Lev 22-23	Lev 24-25	Lev 26-27	Num 1-2
9	Num 3	Num 4-5	Num 6	Num 7	Num 8-10	Num 11-13
10	Num 14-15	Num 16-17	Num 18-20	Num 21-22	Num 23-25	Num 26-27
11	Num 28-30	Num 31	Num 32	Num 33-34	Num 35-36	Deut 1-2
12	Deut 3-4	Deut 5-7	Deut 8-10	Deut 11-13	Deut 14-16	Deut 17-20
13	Deut 21-23	Deut 24-27	Deut 28	Deut 29-31	Deut 32-33	Deut 34 – Josh 3
14	Josh 4-6	Josh 7-9	Josh 10-12	Josh 13-14	Josh 15-16	Josh 17-18
15	Josh 19-20	Josh 21-22	Josh 23 – Judg 1	Judg 2-4	Judg 5-6	Judg 7-8
16	Judg 9-10	Judg 11-13	Judg 14-17	Judg 18-19	Judg 20-21	Ruth 1-4
17	1 Sam 1-3	1 Sam 4-7	1 Sam 8-10	1 Sam 11-13	1 Sam 14-15	1 Sam 16-17
18	1 Sam 18-19	1 Sam 20-22	1 Sam 23-24	1 Sam 25-27	1 Sam 28-31	2 Sam 1-2
19	2 Sam 3-5	2 Sam 6-9	2 Sam 10-12	2 Sam 13-14	2 Sam 15-17	2 Sam 18-19
20	2 Sam 20-21	2 Sam 22-23	2 Sam 24 – 1 Kin 1	1 Kin 2-3	1 Kin 4-6	1 Kin 7
21	1 Kin 8	1 Kin 9-10	1 Kin 11-12	1 Kin 13-14	1 Kin 15-16	1 Kin 17-19
22	1 Kin 20-21	1 Kin 22 – 2 Kin 1	2 Kin 2-3	2 Kin 4-5	2 Kin 6-8	2 Kin 9-10
23	2 Kin 11-13	2 Kin 14-16	2 Kin 17-18	2 Kin 19-21	2 King 22-24	2 Kin 25 – 1 Chr 1
24	1 Chr 2-3	1 Chr 4-5	1 Chr 6	1 Chr 7-8	1 Chr 9-10	1 Chr 11-12
25	1 Chr 13-15	1 Chr 16-18	1 Chr 19-22	1 Chr 23-24	1 Chr 25-26	1 Chr 27-29
26	2 Chr 1-4	2 Chr 5-7	2 Chr 8-11	2 Chr 12-16	2 Chr 17-19	2 Chr 20-23
27	2 Chr 24-26	2 Chr 27-29	2 Chr 30-32	2 Chr 33-35	2 Chr 36 – Ezra 1	Ezra 2-3
28	Ezra 4-7	Ezra 8-9	Ezra 10 – Neh 2	Neh 3-5	Neh 6	Neh 7
29	Neh 8-9	Neh 10-11	Neh 12-13	Esther 1-4	Esther 5-9	Esther 10 – Job 4
30	Job 5-7	Job 8-10	Job 11-13	Job 14-16	Job 17-19	Job 20-21
31	Job 22-25	Job 26-29	Job 30-31	Job 32-33	Job 34-36	Job 37-38
32	Job 39-41	Job 42 – Psa 6	Psa 7-13	Psa 14-17	Psa 18-22	Psa 23-28
33	Psa 29-33	Psa 34-36	Psa 37-39	Psa 40-45	Psa 46-50	Psa 51-56
34	Psa 57-63	Psa 64-68	Psa 69-72	Psa 73-76	Psa 77	Psa 78-79
35	Psa 80-84	Psa 85-88	Psa 89-91	Psa 92-97	Psa 98-103	Psa 104-105
36	Psa 106-107	Psa 108-113	Psa 114-118	Psa 119:1-88	Psa 119:89-176	Psa 120-130
37	Psa 131-136	Psa 137-143	Psa 144-148	Psa 149 – Prov 2	Prov 3-5	Prov 6-7
38	Prov 8-10	Prov 11-13	Prov 14-15	Prov 16-18	Prov 19-21	Prov 22-23
39	Prov 24-25	Prov 26-28	Prov 29-30	Prov 31 – Eccl 2	Eccl 3-6	Eccl 7-10
40	Eccl 11 – Song 4	Song 5 – Isa 1	Isa 2-5	Isa 6-9	Isa 10-13	Isa 14-18
41	Isa 19-22	Isa 23-26	Isa 27-29	Isa 30-33	Isa 34-37	Isa 38-40
42	Isa 41-43	Isa 44-47	Isa 48-51	Isa 52-56	Isa 57-60	Isa 61-65
43	Isa 66 – Jer 2	Jer 3-5	Jer 6-8	Jer 9-11	Jer 12-14	Jer 15-17
44	Jer 18-21	Jer 22-23	Jer 24-26	Jer 27-29	Jer 30-31	Jer 32-33
45	Jer 34-36	Jer 37-40	Jer 41-44	Jer 45-47	Jer 48	Jer 49-50
46	Jer 51	Jer 52 – Lam 2	Lam 3	Lam 4 – Ezek 1	Ezek 2-5	Ezek 6-9
47	Ezek 10-12	Ezek 13-15	Ezek 16	Ezek 17-19	Ezek 20-21	Ezek 22-23
48	Ezek 24-26	Ezek 27-29	Ezek 30-32	Ezek 33-35	Ezek 36-37	Ezek 38-39
49	Ezek 40-41	Ezek 42-44	Ezek 45-47	Ezek 48 – Dan 1	Dan 2-3	Dan 4-5
50	Dan 6-8	Dan 9-10	Dan 11 – Hos 1	Hos 2-6	Hos 7-11	Hos 12 – Joel 1
51	Joel 2 – Amos 1	Amos 2-5	Amos 6 – Obad 1	Jonah 1 – Micah 2	Micah 3-7	Nahum 1 – Hab 1
52	Hab 2 – Zeph 2	Zeph 3 – Zech 1	Zech 2-6	Zech 7-10	Zech 11-14	Mal 1-4